



Lehigh Sports Association Return-to-Play Procedures

As our baseball and softball programs return to the field, it is recommended that our organization adheres to guidelines provided by the Centers for Disease Control and Prevention (CDC) and other government entities.

All Lehigh Sports Association, Lehigh Little League and Steelsharks Baseball ("LSA") families must agree to adhere to the following procedures and sign a waiver before returning to play. As the COVID-19 situation is dynamic and in the interest of safety for all, these guidelines are subject to change, particularly as new information becomes available from the CDC and/or as new directives from the PA or local government are issued.

- 1. All players, coaches, volunteers and fans ("attendees") should measure his/her body temperature to ensure there is no fever present <u>before</u> participating in <u>each</u> baseball activity. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19, should not attend any LSA activities.
- 2. All players, coaches, volunteers and managers ("participant") should bring his/her own personal drinks. Sharing of drinks is strictly prohibited and all personal water/drink bottles must be clearly labeled.
- 3. All participants will receive a league-issued face covering and are <u>encouraged</u> to wear it over his/her nose and mouth at ALL times. Whenever a physical separation of six feet or more cannot be maintained, this is no longer a recommendation and is then a <u>requirement</u>. This applies to ALL events at the Lehigh Little League complex (games and practices).
- 4. During practices, players' bags should be hung on the inside of the fence at least six feet apart from others. Coaches should monitor distance between bags or markings should be placed at each field. There should be no gear placed in the dugouts.
- 5. During games, players' bags should be hung on the outside of the fence at least six feet apart. All players, managers, coaches, and volunteers MUST wear a face covering over both the nose and mouth while in the dugout. There will be no exceptions. Any participant who does not follow this requirement must sit at his/her bag outside the fence.
- 6. Coaches and managers should be mindful of their spacing in the dugout area during games and wear a mask when in close contact with a player or talking among themselves.
- 7. Hand sanitizer will be available in every dugout on each field and regular use for all participants is encouraged. Each participant is also encouraged to bring his/her own personal hand sanitizer and keep in his/her bag.
- 8. Gum, sunflower seeds, or any other chewing of food is <u>not permitted</u> during practices or games. This is for both coaches and players. Spitting is not allowed.
- 9. Players (particularly pitchers) are not allowed to lick their fingers and if they do and it's noticed, the ball will immediately be taken out of play and that player is required to use hand sanitizer.
- 10. There is absolutely no sharing of baseball equipment. Gloves, helmets, bats, catcher's gear, etc... nothing should be shared. In particular, catcher's gear provided by the league must be assigned to a single player and may not be used by another player until/unless it is returned to the team manager and sanitized.
- 11. Baseballs should be rotated on a regular basis to limit contact. Foul balls retrieved by players and coaches only...fans should not touch the baseballs. During games, each team on defense shall use their own set of baseballs.
- 12. When using the batting cages, players may not stand together. One player in the cage, one player outside the cage waiting. Only the coach throwing the batting practice should pick-up the balls in the batting cage.
- 13. No handshakes or personal contact celebrations should happen during baseball activities. After the game, teams will line up on the baselines and tip their caps to the opposing team.
- 14. Fans will need to practice physical distancing when attending games. When available sit far down the baselines and/or behind the outfield fences. Please limit contact to those that live in the same household when attending. Fans should bring their own seating.
- 15. The concession stand is closed and will remain closed until further notice.
- 16. Should any individual who has participated in a LSA event be subsequently diagnosed with COVID-19, he/she must contact the league president immediately.